



Chris's Story

At the age of 20 I was introduced to chiropractic to help correct low back pain problems. My pain had become so bad that it was hard to walk, sit (especially in a car), stand still for more than 5 minutes, and exercise which I really enjoyed. At the encouragement of a friend I went to see a chiropractor and within two weeks I was 80% better. Since then I have been a strong proponent of chiropractic and that was the driving force that eventually moved me to become a doctor of chiropractic.

I received my chiropractic degree from Northwestern Health Sciences University in Bloomington, Minnesota, in 2008. I received my undergraduate degree from University of Wisconsin Eau Claire in Biology in 2005.

I began my professional practice in 2009 in Shakopee, Minnesota as an associate at Bridge Chiropractic. In 2010 I founded Ascension Chiropractic in Shakopee, Minnesota which was a mobile chiropractic practice. I have worked extensively with assisted and independent living homes patients bringing chiropractic to those who were unable to access it. I have also treated patients in homes and businesses. In December of 2011 I joined the team at Stucky Chiropractic Center as an associate doctor.

I work with patients of all ages and have special training in Graston Technique for chronic muscle issues as well as cranial-sacral therapy certification. I thank God daily for the opportunity to be a chiropractor and to help others find healing through the chiropractic.

